



SVBF PRAYER SATSANG

Dhyana Shlokas:

GURU

Shruti Smriti purananam
alayam karunalayam
Namami Bhagavadpadam
Shankaram Lokashankaram".

Ganapathi:

Gananantwa ganapatigm havamahe
kavinka veenam upamashravastamam |
Jyeshta rajam brahmanam
Brahmanaspata aana
shrunvannotibhiseeda sadhanam||

Saraswati:

Prano Devi Sarawati
vajebhirvaajinivati
Dhinama vitriyavatu
Vaagdevyai Namah

Ganesha Pancharatnam

mudā karātta modakam̄ sadā vimukti sādhakam̄
kaļādharāvataṁsakam̄ vilāsiloka rakshakam |
anāyakaika nāyakam̄ vināśitebha daityakam̄ |
natāśubhāsu nāśakam̄ namāmi tam̄ vināyakam ||

natetarāti bhīkaram̄ navoditārka bhāsvaram |
namatsurāri nirjaram̄ natādhikāpadudḍharam |
sureśvaram̄ nidhīśvaram̄ gajeśvaram̄ gaṇeśvaram̄
maheśvaram̄ tamāśraye parātparam̄ nirantaram

samasta loka śāṅkaram̄ nirasta daitya kuñjaram̄ |
daretarodaram̄ varam̄ varebha vaktramaksharam̄
krpākaram̄ kśhamākaram̄ mudākaram̄ yaśaskaram̄
manaskaram̄ namaskṛtām̄ namaskaromi
bhāsvaram || 3 ||

akiñchanārti mārjanam̄ chirantanokti bhājanam̄ |
purāri pūrva nandanam̄ surāri garva charvanam̄ |
prapañcha nāśa bhīśhaṇam̄ dhanañjayādi
bhūśhaṇam̄ |
kapola dānavāraṇam̄ bhaje purāṇa vāraṇam || 4 ||

nitānta kānti danta kānti manta kānti kātmajam |
achintya rūpamanta hīna mantarāya kṛntanam |
hṛdantare nirantaram̄ vasantameva yoginām̄ |
tamekadantameva tam̄ vichintayāmi santatam ||

mahāgaṇeśa pañcharatnamādareṇa yoanvaham |
prajalpati prabhātake hṛdi smaran gaṇeśvaram |
arogatāmadośhatām susāhitīm suputratām |
samāhitāyu raśṭabhbūti mabhyupaiti soachirāt ||

Hari: OM

Subrahmanyā

Shadaananam Kunkuma Raktha Varnam
 Mahaa mathim Divya Mayura Vaahanam ||
 Rudrasya Soonum Sura Sainya Naatham
 Guham Sadaa Sharanam Aham Prapadye ||

Hanuman

Buddhir Balam Yasho Dhairyam
 Nirbhayatvam Arogata
 Ajadyam Vak Patutvam Cha
 Hanumat Smaranat Bhavet

Manojavam maarutha thulya vegam
 Jitendriam budhi matamvaristam
 Vatatmajam vanarayutha mukhyam
 Sri Rama dootham shirasa namami

Navagraha

Namah Suryaaya Somaaya
 Mangalaaya Budhaaya Cha
 Guru Shukra Shanibhyashcha
 Raahave Ketave Namah ||

Sri Krishna

kararavindena padaravindam
 mukharavinde vinivesayantam
 vatasya patrasya putesayanam
 balam mukundam manasa smarami

Sri Rama

Raamaaya Raamabhadraaya
 Raamachandraaya Vedhase
 Raghunaathaya naathaya
 Sitaayah pataye namah ||

Sri Durga

Sarva MangaLa Maangalye
 Shive Sarvaarthaa Saadhike
 Sharanye Thriyambake Gowri
 Naaraayani Namostute ||

Venkateshwara

Kalyanadbhuta gatraya
 kamitartha pradayine
 Srimad Venkata nathaya
 Srinivasaya te namaha

Sri Satyanarayana

Vanamaali gadhee sharngi
 Shankhi Chakri cha nandaki
 Srimannarayano Vishnu
 Vasudevobhi rakshathu

Shiva-Shakti

Shivah Shaktyā yukto
 yadi bhavati Shaktah prabhavitum
 na chedevam̄ devo na
 khalu kuśhalah spanditumapi|
 atastvām ārādhyām̄
 hari-hara-virinchādibhi rapi
 praṇantum̄ stotum̄ vā
 katha-makrta puṇyah prabhavati|| 1 ||

GURU

Sadashiva Samarambham
 Shankaracharya Madhyamam
 Asmad Acharya Paryantam
 Vande Guru Paramparam

Thotakashhtaka

viditākhila śāstra sudhā jaladhe
mahitopaniśhat-kathitārtha nidhe |
hṛdaye kalaye vimalam charaṇam
bhava śāṅkara deśika me śaraṇam || 1 ||

karuṇā varuṇālaya pālaya māṁ
bhavasāgara duḥkha vidūna hṛdam |
rachayākhila darśana tattvavidam
bhava śāṅkara deśika me śaraṇam || 2 ||

bhavatā janatā suhitā bhavitā
nijabodha vichāraṇa chārumate |
kalayeśvara jīva viveka vidam
bhava śāṅkara deśika me śaraṇam || 3 ||

bhava .eva bhavāniti m.e nitarāṁ
samajāyata chetasi kautukitā |
mama vāraya moha mahājaladhiṁ
bhava śāṅkara deśika me śaraṇam || 4 ||

sukṛteadhikṛte bahudhā bhavato
bhavitā samadarśana lālasatā |
ati dīnamimam paripālaya māṁ
bhava śāṅkara deśika me śaraṇam || 5 ||

jagatīmavitum kalitākṛtayo
vicharanti mahāmāha sacChalataḥ |
ahimāṁśurivātra vibhāsi guro
bhava śāṅkara deśika me śaraṇam || 6 ||

gurupuṇgava puṇgavaketana te
samatāmayatāṁ na hi koapi sudhīḥ |
śaraṇāgata vatsala tattvanidhe
bhava śāṅkara deśika me śaraṇam || 7 ||

viditā na mayā viśadaika kalā
na cha kiñchana kāñchanamasti guro |
dṛtameva vidhehi kṛpāṁ sahajāṁ
bhava śāṅkara deśika me śaraṇam || 8 ||

SHIVA PANCHAKSHARI STOTRA

nāgendrahārāya trilochanāya
bhasmāṅgarāgāya maheśvarāya |
nityāya śuddhāya digambarāya
tasmai "na" kārāya namaḥ śivāya || 1 ||

mandākinī salila chandana charchitāya
nandīśvara pramathanātha maheśvarāya |
mandāra mukhya bahupuśhpā supūjitāya
tasmai "ma" kārāya namaḥ śivāya || 2 ||

śivāya gaurī vadānābjā bṛnda
sūryāya dakśhādhvara nāśakāya |
śrī nīlakanṭhāya vṛśhabhadhvajāya
tasmai "śi" kārāya namaḥ śivāya || 3 ||

vaśīśṭha kumbhodbhava gautamārya
munīndra devārchita śekharāya |
chandrārka vaiśvānara lochanāya
tasmai "va" kārāya namaḥ śivāya || 4 ||

yaGYa svarūpāya jaṭādharāya
piṇāka hastāya sanātanāya |
divyāya devāya digambarāya
tasmai "ya" kārāya namaḥ śivāya || 5 ||

pañchākṣaramidam puṇyam yaḥ paṭhecChiva
sannidhau |
śivalokamavāpnoti śivena saha modate ||

Hari: OM

KRISHNASHTAKAM

vasudeva sutam devam
kaṁsa chāṇūra mardanam
devakī paramānandaṁ
kr̄ṣṇam vande jagadgurum ||

atasī puśhpā saṅkāśam
hāra nūpura śobhitam |
ratna kaṅkaṇa keyūram
kr̄ṣṇam vande jagadgurum ||

kuṭīlālaka samyuktam
pūrṇachandra nibhānanam |
vilasat kūḍaladharam
kr̄ṣṇam vande jagadguram

mandāra gandha samyuktam
chāruhāsam chaturbhujam |
barhi piñChāva chūḍāṅgam
kr̄ṣṇam vande jagadgurum ||

utphulla padmapatrākśam
nīla jīmūta sannibham
yādavānām śiroratnam
kr̄ṣṇam vande jagadgurum ||

rukmiṇī keļi samyuktam
pītāmbara suśobhitam |
avāpta tulasi gandham
kr̄ṣṇam vande jagadgurum ||

gopikānām kuchadvanda
kuṇkumānkita vakśhasam |
śrīniketam maheśhvāsam
kr̄ṣṇam vande jagadgurum ||

śrīvatsāṅkam mahoraskam
vanamālā virājitam |
śaṅkhachakra dharam devam
kr̄ṣṇam vande jagadgurum ||

kr̄ṣṇāśṭaka midam puṇyam
prātarutthāya yaḥ paṭhet |
kotijanma kṛtam pāpam
smaraṇena vinaśyati ||

Sri Sharada Bhujanga Prayath Ashtakam

Suvakshoja Kumbham Sudha Poorna Kumbhaam
Prasada Valambhaam Prapunya Valambaam
Sadasyendu Bhimbhaam Sada Noshta
Bhimbhaam
Bhaje Saradambhaam Ajasram Madhambham.

Kadakshe Dayardhraam Kare Gnana Mudhraam
Kalabhir Vinidhram Kalapai Subhadhraam
Purastreem Vinidhram Puras Thungabhadram
Bhaje Saradambhaam Ajasram Madhambham.

Lalaa Manga Phaalaam Lasad Gana Lolaam
Swabhakthaika Paalaam Yasa Sree Kapolaam
Kare Thwaksha Maalaam Kanath Prathna Lolaam
Bhaje Saradambhaam Ajasram Madhambham.

Su Seemantha Veneem Drusa Nirjit Thaineem
Ramath Keera Vaneem Namath Vajra Panim
Sudha Mandha Rasyam Mudha Chinthya Veneem
Bhaje Saradambhaam Ajasram Madhambham.

Susantham Sudeham Druganthe Kachanthaam
Lasad Salla Thagee Manthama Chinthyam
Smara Thapasai Sanga Poorvas Thitham Thaam
Bhaje Saradambhaam Ajasram Madhambham.

Kurange Thurange Mrugendre Khagendre
Maraale Madhebhe Mahokshae Dhi Rodaam
Mahathyam Navamyam Sada Saama Roopam
Bhaje Saradambhaam Ajasram Madhambham.

Jwalath Kanthi Vahnim Jagan Moha Naamgeem
Bhaje Maanasam Bhoja Subrantha Brungeem
Nija Stotra Sangeetha Nruthya Prabhangeem
Bhaje Saradambhaam Ajasram Madhambham.

Bhavambhoja Nethraja Sam Pooja Manam
Lasan Manda Hasa Prabha Vakthra Chihnaam
Chlath Chanchalodhara Tha Danga Karnam
Bhaje Saradambhaam Ajasram Madhambham.

Bhavani Ashtakam

Na tato, na mata, na bandu na data,
Na putro, na putri, na brutyo, na barta,
Na jayaa na Vidhya, na Vrutir mamaiva,
Gatisthwam, Gatisthwam Tvam ekaa Bhavani.

Bhavabdhava pare, Maha dhukha Bheeru,
Papaatha prakami, pralobhi pramatha,
Kusamsara pasa prabadha sadaham,
Gathisthwam, Gathisthwam thwam ekaa Bhavani.

Na Janaami Dhanam, Na cha dhyana yogam,
Na janami thanthram, na cha sthothra manthram,
Na janami poojam, na cha nyasa yogam,
Gatisthwam, Gatisthwam thwam ekaa Bhavani

Na janami Punyam, Na janami theertham,
Na janami muktim, layam vaa kadachit,
Na janami bhaktim, vrutam vaapi maata,
Gatistwam, Gatistwam, tvam ekaa Bhavani.

Kukarmi, kusangi, kubudhi, kudhasa,
Kulachaara heena, kadhachaara leena,
Kudrushti, kuvakya prabandha, sadaham,
Gathisthwam, Gathisthwam, thwam ekaa Bhavani.

Prajesam, Ramesam, Mahesam, Suresam,
Dhinesam, Nisidheswaram vaa kadachit,
Na janami chanyath sadaham saranye,
Gatistwam, Gatistwam tvam ekaa Bhavani

Vivadhe, Vishadhe, pramadhe, pravase,
Jale cha anale parvathe shatru madhye,
Aranye, saranye sada maam prapahi,
Gatistwam, Gatistwam tvam ekaa Bhavani.

Anadho, dharidro, jara roga yukto,
Maha Ksheena dheena, sada jaadya vaktra,
Vipatou pravishta, pranshata sadhaham,
Gatistwam, Gatistwam tvam ekaa Bhavani.

MEDITATION (5 Minutes)

OM

Shiva Shakti – Shiva Shakti- Shiva Shakti OM
Shiva Shakti – Shiva Shakti- Shiva Shakti OM
Shiva Shakti – Shiva Shakti- Shiva Shakti OM

----- Repeat 5 Mins -----

ARATHI

om jaya jagadīśa hare
svāmī jaya jagadīśa hare
bhakta janom ke saṅkāṭa,
dāsa janom ke saṅkāṭa,
kṣhaṇa mem̄ dūra kare,
om jaya jagadīśa hare || 1 ||

jo dhyāve phala pāve,
dukha binase mana kā
svāmī dukha binase mana kā
sukha sammati ghara āve,
sukha sammati ghara āve,
kaśṭha miṭe tana kā
om jaya jagadīśa hare || 2 ||

māta pitā tuma mere,
śaraṇa gahūṁ maiṁ kisakī
svāmī śaraṇa gahūṁ maiṁ kisakī .
tuma bina aura na dūjā,
tuma bina aura na dūjā,
āsa karūṁ maiṁ jisakī
om jaya jagadīśa hare || 3 ||

tuma pūraṇa paramātmā,
tuma antarayāmī
svāmī tuma antarayāmī
parābrahma parameśvara,
parābrahma parameśvara,
tuma saba ke svāmī
om jaya jagadīśa hare || 4 ||

tuma karuṇā ke sāgara,
tuma pālanakartā
svāmī tuma pālanakartā,
maiṁ mūrakha khala kāmī
maiṁ sevaka tuma svāmī,
krpā karo bhartāra
om jaya jagadīśa hare || 5 ||

tuma ho eka agochara,
sabake prāṇapati,
svāmī sabake prāṇapati,
kisa vidha milūṁ dayāmaya,
kisa vidha milūṁ dayāmaya,
tumako maiṁ kumati
om jaya jagadīśa hare || 6 ||

dīnabandhu dukhahartā,
ṭhākura tuma mere,
svāmī tuma ramere
apane hātha uṭhāvo,
apanī śaraṇa lagāvo
dvāra paḍxā tere
om jaya jagadiśa hare || 7 ||

viśhaya vikāra miṭāvo,
pāpa haro devā,
svāmī pāpa haro devā,
śraddhā bhakti baḍhāvo,
śraddhā bhakti baḍhāvo,
santana kī sevā
om jaya jagadiśa hare || 8 ||

Shanti Mantra

Om asato maa satgamaya
Tamaso maa jyotir gamaya
Mrityor maa amritam gamaya
Om shantih shantih shantih!

Om saha naavavatu sahanau bhunaktu
Saha veeryam karavaavahai
Tejasvi naavadheetamastu maa vidvishaavahai
Om shantih shantih shantihi

Om poornamadah poornamidam
Poornat poornamudachyate
Poornasya poornamadaya
Poornamevavashishyate
OM Shantih Shantih Shantih