



# SRINGERI VIDYA BHARATI FOUNDATION - CANADA SHARADAMBA TEMPLE AND COMMUNITY CENTRE

80-84 Brydon Drive, Etobicoke, Ontario, M9W 4N2 Tel: 416-745-1010. www.svbfcanda.com



## SRI RAMA PARIVAR



श्री रामरामरामेतस्मिन् रामे मनोरमे । सहस्रनामतत्तुल्यं रामनामवरानने ॥

Shri Rama RamaRameTi, RameRameManorame, Sahasranamatattulyam, Rama Nama Varananeji

By meditating on Rama my Mind gets absorbed in the Divine Consciousness of Rama, which is Transcendental.

Chanting the Name of Rama is as Great as the Thousand Names of God Vishnu.

Sringeri Vidya Bharati Foundation, Canada. Phone : (416) 745 1010 <http://www.svbfcanda.com>

CHITTIRAI / VAIKASI

# MAY 2022

SHUBHAKRITU  
VAISHAKHA / JYESTHA

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> SUN: 05:56 AM - 07:51 PM PRATHAMA 05:55 PM BHARANI 12:40 PM YO: SAUBHAGYA ALL DAY KA: BAVA 05:55 PM RK: 06:07 PM - 07:51 PM YM: 12:53 PM - 02:38 PM V: NEXT DAY 01:52 AM - 03:38 AM VAISHAKHA MASAM BEGINS	<b>2</b> SUN: 05:54 AM - 07:52 PM DVIITIYA 07:49 PM KRITTIKA 03:03 PM YO: SAUBHAGYA 06:07 AM KA: BALAVA 06:49 AM RK: 07:39 AM - 09:24 AM YM: 11:08 AM - 12:53 PM	<b>3</b> SUN: 05:53 AM - 07:53 PM TRITIYA 10:03 PM; ROHINI 05:48 PM YO: SHOBHANA 06:45 AM KA: TAITILA 08:54 AM RK: 04:23 PM - 06:08 PM YM: 09:23 AM - 11:08 AM V: 08:53 AM - 10:40 AM V: NEXT DAY 00:05 AM - 01:53 AM AKSHAYA TRITIYA	<b>4</b> SUN: 05:52 AM - 07:54 PM CHATURTHI NEXT DAY 00:31 AM MRIGASHIRSHA 08:46 PM YO: ATIGANDA 07:36 AM KA: VANUA 11:16 AM RK: 12:53 PM - 02:38 PM YM: 07:37 AM - 09:22 AM	<b>5</b> SUN: 05:51 AM - 07:55 PM PANCHAMI NEXT DAY 03:03 AM AARDRA 11:50 PM YO: SUKARMA 08:36 AM KA: BAVA 01:47 PM RK: 02:38 PM - 04:24 PM YM: 05:51 AM - 07:36 AM V: 06:15 AM - 08:03 AM ADI SHANKARA JAYANTI	<b>6</b> SUN: 05:50 AM - 07:56 PM SHASHTHI NEXT DAY 05:27 AM PUNARVASU NEXT DAY 02:48 AM YO: DHIRI 09:36 AM KA: KAULAVA 04:16 PM RK: 11:07 AM - 12:53 PM YM: 04:24 PM - 06:10 PM V: 01:19 PM - 03:07 PM SHUKLA SHASTHI	<b>7</b> SUN: 05:48 AM - 07:57 PM SAPTAMI ALL DAY PUSHYA NEXT DAY 05:27 AM YO: SHUJLA 05:28 AM KA: GARAJA 06:32 PM RK: 09:21 AM - 11:07 AM YM: 02:39 PM - 04:25 PM V: 11:41 AM - 01:28 PM
<b>8</b> SUN: 05:47 AM - 07:58 PM SAPTAMI 07:30 AM ASLESHA ALL DAY YO: GANDA 11:03 AM KA: VANUA 07:30 AM RK: 06:12 PM - 07:58 PM YM: 12:53 PM - 02:39 PM V: 07:25 PM - 09:10 PM MOTHERS DAY	<b>9</b> SUN: 05:46 AM - 07:59 PM ASHTAMI 09:02 AM ASLESHA 07:38 AM YO: VRIDDHI 11:13 AM KA: BAVA 09:02 AM RK: 07:33 AM - 09:19 AM YM: 11:06 AM - 12:53 PM V: 08:24 PM - 10:06 PM SHUKLA NAVAMI	<b>10</b> SUN: 05:45 AM - 08:00 PM NAVAMI 09:55 AM MAGHA 09:10 AM YO: DHIRUA 10:51 AM KA: KAULAVA 09:55 AM RK: 04:26 PM - 06:13 PM YM: 09:19 AM - 11:06 AM V: 05:26 PM - 07:05 PM	<b>11</b> SUN: 05:44 AM - 08:01 PM DASHAMI 10:01 AM PPHALGUNI 09:58 AM YO: VYAGHATA 09:54 AM KA: GARAJA 10:01 AM RK: 12:53 PM - 02:40 PM YM: 07:31 AM - 09:18 AM V: 05:10 PM - 06:47 PM	<b>12</b> SUN: 05:43 AM - 08:02 PM EKADASHI 09:22 AM U. PHALGUNI 10:00 AM YO: HARSHA 08:21 AM KA: VISHTI 09:22 AM RK: 02:40 PM - 04:27 PM YM: 05:43 AM - 07:30 AM V: 06:09 PM - 07:43 PM EKADASI	<b>13</b> SUN: 05:42 AM - 08:03 PM DVADASHI 07:57 AM; HASTA 09:18 AM YO: VAJRA 06:11 AM YO: SIDDHI NEXT DAY 03:29 AM KA: BALAVA 07:57 AM RK: 11:05 AM - 12:53 PM YM: 04:28 PM - 06:15 PM V: 04:51 PM - 06:22 PM PRADOSHAM	<b>14</b> SUN: 05:41 AM - 08:04 PM TRAYODASHI 05:53 AM CHATURDASHI NEXT DAY 03:16 AM CHITRA 07:58 AM YO: VYATIPATA NEXT DAY 00:19 AM KA: TAITILA 05:53 AM RK: 09:17 AM - 11:05 AM YM: 02:40 PM - 04:26 PM V: 01:07 PM - 02:36 PM VRISHABHA SANKRAMANAM (6:30 PM) NARSIMHA JAYANTI VAIKASI MASAM BEGINS
<b>15</b> SUN: 05:40 AM - 08:05 PM PURNIMA NEXT DAY 00:14 AM SVAATI 06:05 AM VISHAKHA NEXT DAY 03:48 AM YO: VARIYAN 08:47 PM KA: VISHTI 01:47 PM; RK: 06:17 PM - 08:05 PM YM: 12:53 PM - 02:41 PM V: 11:09 AM - 12:35 PM SATYANARAYANA POOJA TOTAL LUNAR ECLIPSE 9:32 PM - 2:50 AM	<b>16</b> SUN: 05:39 AM - 08:06 PM VAISHAKHA KRISHNA PAKSHA PRATHAMA 08:55 PM ANURADHA NEXT DAY 01:16 AM YO: PARIGHA 05:01 PM KA: BALAVA 10:36 AM RK: 07:28 AM - 09:16 AM YM: 11:04 AM - 12:53 PM V: 07:22 AM - 08:48 AM	<b>17</b> SUN: 05:38 AM - 08:07 PM DVIITIYA 05:30 PM JYESTHA 10:39 PM YO: SHIVA 01:07 PM KA: TAITILA 07:13 AM RK: 04:30 PM - 06:18 PM YM: 09:15 AM - 11:04 AM V: 06:16 AM - 07:41 AM	<b>18</b> SUN: 05:37 AM - 08:08 PM TRITIYA 02:07 PM; MULA 08:07 PM YO: SIDDHA 09:14 AM YO: SADHYA NEXT DAY 05:27 AM KA: VISHTI 02:07 PM RK: 12:53 PM - 02:41 PM YM: 07:26 AM - 09:15 AM V: 06:41 PM - 08:07 PM V: NEXT DAY 04:47 AM - 06:14 AM SANKATAHARA CHATURTHI	<b>19</b> SUN: 05:37 AM - 08:09 PM CHATURTHI 10:54 AM P. SHADHA 05:47 PM YO: SHUBHA NEXT DAY 01:55 AM KA: BALAVA 10:41 PM RK: 02:42 PM - 04:31 PM YM: 05:37 PM - 07:26 AM V: NEXT DAY 01:07 AM - 02:35 AM	<b>20</b> SUN: 05:36 AM - 08:10 PM PANCHAMI 07:59 AM SHASHTHI NEXT DAY 05:47 PM U. SHADA 03:48 PM YO: SHUKLA 10:41 PM KA: TAITILA 07:59 AM RK: 11:04 AM - 12:53 PM YM: 04:31 PM - 06:21 PM V: 07:33 PM - 09:03 PM	<b>21</b> SUN: 05:35 AM - 08:11 PM SAPTAMI NEXT DAY 03:30 AM SHRAVANA 02:16 PM YO: BRAHMA 07:51 PM KA: VISHTI 04:25 PM RK: 09:14 AM - 11:03 AM YM: 02:42 PM - 04:32 PM V: 05:06 PM - 07:36 PM HANUMAN CHALISA 10 AM
<b>22</b> SUN: 05:34 AM - 08:12 PM ASHTAMI NEXT DAY 02:04 AM DHANISHTA 01:17 PM YO: AINDRA 05:29 PM KA: BALAVA 02:43 PM RK: 06:22 PM - 08:12 PM YM: 12:53 PM - 02:43 PM V: 08:21 PM - 09:55 PM KRISHNA PAKSHA ASHTAMI	<b>23</b> SUN: 05:34 AM - 08:12 PM NAVAMI NEXT DAY 01:15 AM SHATABHISHA 12:52 PM YO: VAIDHRITI 03:35 PM KA: TAITILA 01:35 PM RK: 07:23 AM - 09:13 AM YM: 11:03 AM - 12:53 PM V: 07:19 PM - 08:56 PM VICTORIA DAY HOLIDAY	<b>24</b> SUN: 05:33 AM - 08:13 PM DASHAMI NEXT DAY 01:02 AM PBHADRAPADA 01:03 PM YO: VISHAKAMBA 02:11 PM KA: VANUA 01:04 PM RK: 04:33 PM - 06:23 PM YM: 09:13 AM - 11:03 AM V: 10:58 PM - NEXT DAY 00:37 AM	<b>25</b> SUN: 05:32 AM - 08:14 PM EKADASHI NEXT DAY 01:24 AM U. BHADRAPADA 01:50 PM YO: PRITI 01:14 PM KA: BAVA 01:09 PM RK: 12:53 PM - 02:43 PM YM: 07:22 AM - 09:13 AM V: NEXT DAY 02:29 AM - 04:10 AM EKADASI	<b>26</b> SUN: 05:32 AM - 08:15 PM DVADASHI NEXT DAY 02:18 AM REVATI 03:08 PM YO: AAYUSHMAN 12:44 PM KA: KAULAVA 01:47 PM RK: 02:44 PM - 04:34 PM YM: 05:32 AM - 07:22 AM V: NEXT DAY 01:07 AM - 02:35 AM VAISHNAVA EKADASHI	<b>27</b> SUN: 05:31 AM - 08:16 PM TRAYODASHI NEXT DAY 03:39 AM ASHVINI 04:56 PM YO: SAUBHAGYA 12:38 PM KA: GARAJA 02:55 PM RK: 11:03 AM - 12:53 PM YM: 04:35 PM - 06:25 PM V: 12:38 PM - 02:22 PM V: NEXT DAY 03:25 AM - 05:10 AM PRADOSHAM	<b>28</b> SUN: 05:30 AM - 08:17 PM CHATURDASHI NEXT DAY 05:25 AM BHARANI 07:09 PM YO: SHOBHANA 12:52 PM KA: VISHTI 04:30 PM RK: 09:12 AM - 11:03 AM YM: 02:44 PM - 04:35 PM MASA SHIVARATRI
<b>29</b> SUN: 05:30 AM - 08:17 PM AMAVASYA ALL DAY KRITTIKA 09:42 PM YO: ATIGANDA 01:23 PM KA: CHATUSHPAD 06:25 PM RK: 06:27 PM - 08:17 PM YM: 12:54 PM - 02:45 PM V: 08:26 AM - 10:12 AM AMAVASYA TARPANAM	<b>30</b> SUN: 05:29 AM - 08:18 PM AMAVASYA 07:30 AM ROHINI NEXT DAY 00:31 AM YO: SUKARMA 02:08 PM KA: NAAGVA 07:30 AM RK: 07:20 AM - 09:12 AM YM: 11:03 AM - 12:54 PM V: 03:35 PM - 05:22 PM JYESTHA MASAM BEGINS	<b>31</b> SUN: 05:29 AM - 08:19 PM JYESTHA SHUKLA PAKSHA PRATHAMA 09:49 AM MRIGASHIRSHA NEXT DAY 03:30 AM YO: DHIRI 03:03 PM KA: BAVA 09:49 AM RK: 04:36 PM - 06:28 PM YM: 09:11 AM - 11:03 AM V: 06:49 AM - 08:37 AM	JAN 1 - JAN 12 JAN 13 - JULY 16 MAY 1 - MAY 29 MAY 30 - MAY 31 MAY 1 - MAY 31 01 VAISHAKHA MASAM BEGINS 03 AKSHAYA TRITIYA 05 ADI SHANKARA JAYANTI 12 EKADASI		13 PRADOSHAM SHIVA ABHISHEKAM 6:30 PM 14 VRISHABHA SANKRAMANAM ; NARSIMHA JAYANTI; VAIKASI MASAM BEGINS 15 POORNIMA SATYANARAYANA POOJA 6:30 PM LUNAR ECLIPSE	18 SANKATAHARA CHATURTHI GANAPATI ABHISHEKAM 6:30 PM 25 EKADASI 27 PRADOSHAM SHIVA ABHISHEKAM 6:30 PM 29 AMAVASYA 30 JYESTHA MASAM BEGINS

PANCHANGA BY MYPANCHANG.COM CALCULATED AS PER NEW JERSEY TIMINGS. NEXT DAY MEANS ENDS AFTER MIDNIGHT BUT BEFORE NEXT SUNRISE  
SUN: SUNRISE & SUNSET, YO: YOGA, KA: KARANA, RK: RAHU KALAM, YG: YAMA GANDAM, V: VARJYAM